

## Senior Inter County - Hemel Hempstead, 17 July 2011 - Men

Let	Name	County	Perf
		w/s	0.4
1 E	RASHID KAKOZA	Essex	10.97
2 X	TOM FRENCH	Sussex	11.01
3 S	OWEKA WANAGHO	Surrey	11.04
4 MM	TANDE BALOGON	Middx	11.16
5 G	ANTONIO INFANTIO	Herts	11.23
6 H	JAMES FOLKES	Hants	11.29
7 K	JACK MILLER	Kent	11.32
8 O	KYLE ENNIS	Oxon	11.46

Let	Name	County	Perf
		w/s	-0.5
1 M	JASON GREENIDGE	Middx	11.45
2 GG	LEWIS CLARKE	Herts	11.52
3 XX	LUKE SERGEANT	Sussex	11.60
4 KK	DANIEL ALEXANDER	Kent	11.84
5 HH	BEN HAZEL	Hants	11.85
6 EE	NENGI OSSAI	DQ	
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Let	Name	County	Perf
		w/s	-1.0
1 S	JOSH STREET	Surrey	22.01
2 X	SEB RODGER	Sussex	22.15
3 E	RASHID KAKOZA	Essex	22.17
4 H	JAMES FOLKES	Hants	22.69
5 K	JACK MILLER	Kent	22.95
6 O	KYLE ENNIS	Oxon	22.97
7 G	CAMERON WEBB	Herts	23.27
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Let	Name	County	Perf
		w/s	-1.2
1 EE	NENGI OSSAI	Essex	22.65
2 SS	CHRIS HALL	Surrey	22.71
3 XX	LUKE SERGEANT	Sussex	23.06
4 OO	JAMES ALLEN	Oxon	23.34
5 GG	JOHN RENDELL	Herts	23.99
6 HH	TOM DONOVAN	Hants	25.16
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Let	Name	County	Perf
1 E	MARKUS HUNT	Essex	48.68
2 M	ANDREW KENDALL	Middx	48.87
3 G	MATT HAMILTON	Herts	49.07
4 S	NICHOLAS ATWELL	Surrey	49.78
5 X	MATT DORRINGTON	Sussex	49.90
6 H	BEN HAZELL	Hants	52.28
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Let	Name	County	Perf
1 SS	ZAK CURREN	Surrey	49.74
2 GG	ANDREW WALSH	Herts	50.08
3 EE	SHAUN STEWART	Essex	50.28
4 XX	CRAIG COX	Sussex	52.49
5 HH	TOM DONOVAN	Hants	53.85
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Let	Name	County	Perf
1 S	HUGO FLEMING	Surrey	1.54.36
2 K	ANDREW SAFARS	Kent	1.56.49
3 E	JAMES TYDEMAN	Essex	1.57.15
4 X	NICK DUGGAN	Sussex	1.57.19
5 G	LOUIS WALSH	Herts	1.57.95
6 M	SHAKA PALMER	Middx	1.58.18
7 H	RUSSELL OSBORNE	Hants	1.58.20
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Let	Name	County	Perf
1 KK	KEIRAN REILLY	Kent	1.56.30
2 EE	DAVID GIBBON	Essex	1.57.83
3 XX	JONO KETTLEY	Sussex	1.59.83
4 GG	EDWARD SHEPPARD	Herts	2.07/41
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Let	Name	County	Perf
1 G	BENJAMIN NAGY	Herts	3.56.29
2 M	TIM HAUGHIAN	Middx	3.58.51
3 X	CHRIS JOHNSON	Sussex	3.58.62
4 E	MARK SANFORD	Essex	3.59.25
5 O	STUART FAULKNER	Oxon	4.01.21
6 K	KEIRAN REILLY	Kent	4.02.29
7 H	MATT HIBBERD	Hants	4.10.33
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Let	Name	County	Perf
1 KK	ADAM GILBERT	Kent	4.06.76
2 EE	KELVIN GOODWIN	Essex	4.07.05
3 XX	BRYAN BRETT	Sussex	4.13.43
4 GG	DANIEL POULTON	Herts	4.25.54
5 MM	MARTIN BATEMAN	DNF	
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Let	Name	County	Perf
1 K	ALEX BRUCE-LITTLEWOOD	Kent	15.24.69
2 EE	TOM GARDNER	Essex	15.32.39
3 M	HARRY DODWELL	Middx	15.35.80
4 H	MARTIN JOHNSON	Hants	15.38.49
5 G	MATTHEW SALT	Herts	16.18.73
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Let	Name	County	Perf
1 KK	NICK WOOD	Kent	15.29.09
2 E	STEVE WHITTAKER	Essex	15.45.71
3 MM	MARTIN BATEMAN	Middx	16.08.52
4 HH	GARETH KLEPACK	Hants	16.34.13
5 GG	ADAM SEARLE	Herts	16.40.42
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**110m Hurdles A**

		w/s	-2.1
1	G	ZAC SAUCEDE	Herts 15.21
2	X	SEB RODGER	Sussex 15.33
3	E	JAMES MCLEAN	Essex 15.61
4	H	BEN HAZELL	Hants 15.94
5	K	PETER DAVEY	Kent 16.28
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**110m Hurdles B**

		w/s	-2.1
1	GG	STEVEN BARNARD	Herts 15.85
2	EE	BRADLEY REED	Essex 15.94
3	KK	GARETH MORRIS	Kent 16.41
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**400m Hurdles A**

1	G	ZAC SAUCEDE	Herts 53.29
2	S	ANDREW CLEMENTS	Surrey 53.80
3	M	JEAN-CHARLES ROGHI	Middx 54.56
4	K	GARETH MORRIS	Kent 54.81
5	X	SAM PARSONS	Sussex 55.25
6	O	PETER BARNSHAW	Oxon 55.42
7	E	ADAM MCARTHEY	Essex 56.93
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**400m Hurdles B**

1	KK	CHARLIE PERRY	Kent 56.91
2	GG	PATRICK BARRETT	Herts 57.83
3	EE	GREG GOODREM	Essex 58.52
4	SS	RICHARD HOLT	Surrey 58.74
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**3000m Steeplechase A**

1	G	ANDREW CRACKNELL	Herts 9.40.99
2	K	TOM COLLINS	Kent 9.43.69
3	E	ROB WARNER	Essex 9.46.04
4	S	NATHAN DITTON	Surrey 10.18.96
5	H	CRAIG BERRYMAN	Hants 10.49.65
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**3000m Steeplechase B**

1	EE	ROY SCOTT	Essex 9.59.80
2	KK	JAMIE BRYANT	Kent 10.11.27
3	GG	CHRISTOPHER HILTON	Herts 10.20.51
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**3000m Walk A**

1	EE	DOM KING	Essex 12.30.23
2	M	FRANISCO REIS	Middx 13.49.28
3	G	STEVE ALLEN	Herts 15.59.55
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**3000m Walk B**

1	E	DAN KING	Essex 13.11.21
2	MM	JOHN HALL	Middx 15.34.48
3	GG	COSTA MICHAEL	Herts 18.00.56
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**4x100 Relay**

1	E	Essex	42.90
2	S	Surrey	42.97
3	X	Sussex	43.56
4	O	Oxon	44.43
5	G	Herts	44.78
6	M	Middx	49.06
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**4x400 Relay**

1	E	Essex	3.20.87
2	S	Surrey	3.22.36
3	G	Herts	3.22.55
4	K	Kent	3.26.86
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